



EARLY COLLEGE DUAL ENROLLMENT PROGRAM

PATHWAY -
CULINARY ARTS

**FOR HIGH SCHOOL
STUDENTS WHO WANT
TO GET AHEAD!**

Here's how it works -

1. Be in your junior or senior year of high school
2. Tell your school counselor that you're interested in earning college credit
3. Take college classes with your teachers in your school
4. Graduate high school with 10 or more college credits!



**LAKE
REGION
COMMUNITY
COLLEGE**

Do you have a passion for cooking?
Earn college credits now and consider a
career in Culinary Arts!

The Running Start Dual Enrollment Program between Portsmouth Career Technical Center and Lakes Region Community College offers high school students the opportunity to take Culinary Arts classes for college credit as early as their junior year.

The college courses are offered at free or reduced cost for high school students and satisfy high school graduation requirements. Ask your school how to participate and get a *Running Start* before graduation!

About - Culinary Arts could be perfect program for the student who is creative with ingredients, comfortable in the kitchen, and thrives in a fast paced environment. Culinary Arts is a fast growing field with tremendous job potential. Ignite your culinary curiosity and get that *Running Start* towards a variety of careers!

Potential jobs within this field

- Food Service Manager
- Kitchen Manager
- Chef

What if you take these courses and Culinary Arts isn't for you?

Ask which courses could be transferable towards other degrees!

Course Samples (subject to change)

MANF 142L	Machine Processes	3	STEM/CTE scholarship eligible
MANFL	Manufacturing Processes	3	STEM/CTE scholarship eligible
ESNT 120L	College Essentials	1	
MANF 132 L	Solid Modeling	3	
MANF 151L	CNC Machines I	2	
MANF 152L	CNC Machines I Lab	2	
MATH 137L	Technical Algebra & Geometry	4	
MANF 211L	CNC Machines II	1	
MANF 212L	CNC Machines II Lab	2	
MANF 230L	CAD/CAM	3	
MANF 240L	Lean Manufacturing	3	
PHYS 125L	Technical Physics	3	
MANF 250L	Advanced CNC Machine Processes	4	
BUS 232L	Operations Management	3	
MANF 220L	Properties of Materials	4	
MANF 270L/MANF 280L	Advanced Manufacturing Capstone or Internship	3	

The Savings

In partnership with LRCC, Portsmouth Career Technical Center offers students Running Start classes [highlighted in yellow] which allows students to accumulate up to 13 credits toward the LRCC Culinary Arts associates degree. This adds up to a savings of \$2,795 in tuition! Students interested in getting additional elective coursework out of the way while still in high school can take online classes through E-Start. [green highlight] We recommend that students consider taking classes at LRCC through the Early College program during their senior year in high school. Classes taken through Early College have a 50% tuition discount and the Culinary Arts courses are eligible for the Governor's STEM/CTE scholarship*.

* Governor's STEM/CTE scholarship is a program through the State of NH and the Community College System of NH, eligible high school students taking dual or concurrent credit courses through Running Start, E-Start and Early College can take up to 2 STEM (science, technology, engineering and math)/CTE (Career and Technical Education) courses per academic year for free.

How much money will you save?

Depending on the number of classes a student takes, students can save up to \$6,235 in tuition by taking college classes through the dual enrollment programs. Taking college classes while in high school can reduce the cost of tuition for the Culinary Arts associates degree from \$13,545 to \$7,310.

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