



# CULINARY ARTS

## Why Culinary Arts?

This two-year program prepares students for entry to mid-level employment in a variety of culinary venues. It combines a foundation of culinary and management skills the industry demands. The curriculum incorporates opportunities to learn and work in a student-operated restaurant. Summer employment in culinary complements the learning experience. These workplace opportunities provide the student with hands-on knowledge and the benefit of work experience.

## Potential Jobs/Careers:

- Food Service Manager
- Kitchen Manager
- Chef
- Head Chef
- Prep Cook
- Banquet Chef

## Potential Salary:

There is a wide range of jobs in the culinary industry. See below for the average annual salary range in NH for a food service manager.

- Entry Level **\$48,318**
- Mid-Range **\$71,073**
- Experienced **\$82,430**

\*New Hampshire Occupational Employment & Wages 2022, published by the NH Economic and Labor Market Information Bureau – Salaries are based on 40 hours of work, not including overtime.

## Estimated Program Cost:

**Year 1: \$8,858**

**Year 2: \$8,954**

**for a total of \$17,512**

\*Costs are based on in-state tuition and do not include fees, supplies, or books. \*Additional fees may apply; all prices are subject to change.

## Did you know?

*"Lakes Region Community College gave me a great start into the culinary industry. I was able to express my passion for cooking and use that passion in my career. My collaboration with my instructors has lasted beyond college and I still network with them to this day. My college experience was life changing."*

— Matthew O'Brien  
Sous Chef Manchester Country Club  
Culinary Arts Graduate

## CULINARY ARTS

### Degree & Certificate Requirements

#### FIRST YEAR Fall Semester Credits

<b>CULA146L</b>	Bakery Production	3
<b>CULA151L</b>	Culinary Fundamentals	3
<b>CULA152L</b>	Sanitation & Safety	3
<b>ENGL100L</b>	English Composition	4
<b>INDL100L</b>	College Essentials	1
<b>TOTAL</b>		<b>14</b>

#### FIRST YEAR Spring Semester Credits

<b>CULA158L</b>	Restaurant Facility & Menu Design	3
<b>CULA159L</b>	Cost Control	3
<b>HOS113L</b>	Introduction to Worldwide Cuisine	3
<b>HOS114L</b>	Dining Room Management I	3
<b>ELECTIVE</b>	Mathematics Elective	3
<b>TOTAL</b>		<b>15</b>

#### FIRST YEAR Summer Semester Credits

<b>CULA232L</b>	Culinary Co-operative Education (300 hours required)	3
<b>TOTAL</b>		<b>3</b>

**Total Credits for Year = 32**

#### SECOND YEAR Fall Semester Credits

<b>CULA253L</b>	Introduction to Garde Manger	3
<b>CULA254L</b>	Classical Cuisine	3
<b>HOS222L</b>	Quantity Food Purchasing	3
<b>BIOL127L</b>	Nutrition for Health & Fitness w/Lab	4
<b>ELECTIVE</b>	Social Science Elective	3
<b>TOTAL</b>		<b>16</b>

#### SECOND YEAR Spring Semester Credits

<b>CULA147L</b>	Hot & Cold Plated Desserts	3
<b>CULA255L</b>	Italian Cuisine	3
<b>CULA256L</b>	U.S. Regional & Infusion Cuisine	3
<b>ELECTIVE</b>	English Elective	3
<b>ELECTIVE</b>	Humanities/Fine Arts/Foreign Language Elective	3
<b>TOTAL</b>		<b>15</b>

**Total Credits for Year = 31**  
**Total Credits for A.S. Degree = 63**

### CERTIFICATE Requirements

		Credits
<b>CULA146L</b>	Bakery Production	3
<b>CULA151L</b>	Culinary Fundamentals	3
<b>CULA152L</b>	Sanitation & Safety	3
<b>CULA254L</b>	Classical Cuisine	3
<b>CULA253L</b>	Introduction to Garde Manger	3
<b>HOS113L</b>	Introduction to Worldwide Cuisine	3
<b>CULA147L</b>	Hot & Cold Plated Desserts	3
<b>CULA255L</b>	Italian Cuisine	3
<b>CULA256L</b>	U.S. Regional & Infusion Cuisine	3
<b>INDL100L</b>	College Essentials	1
<b>TOTAL</b>		<b>28</b>



APPLY HERE

**Ask us about  
available scholarships!**

The Community College System of NH does not discriminate in the administration of its admissions and educational programs, activities, or employment practices on the basis of race, creed, color, religion, ancestry or national origin, age, sex, sexual orientation, gender identity and expression, physical or mental disability, genetic information, or law enforcement, military, veteran, or marital status.

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